

Join us for World Down Syndrome Day

21 March 2015



21 March 2015 marks the 10th anniversary of World Down Syndrome Day (WDS) and each year the voice of people with Down syndrome, and those who live and work with them, grows louder.

Down Syndrome International encourages our friends all over the world to choose your own activities and events to help raise awareness of what Down syndrome is, what it means to have Down syndrome, and how people with Down syndrome play a vital role in our lives and communities.

Here are some ways you can join us on 21 March 2015:

- Organise your activities based on DSI's focus area for 2015 '**My Opportunities, My Choices**' – **Enjoying Full and Equal Rights and the Role of Families**.
- Share your **WDS World Events** on our dedicated WDS website in a single global meeting place.
- Watch our **WDS Global Video Event**, produced each year with the participation of organisations in many countries around the world.
- Attend our **WDS Conference** at the United Nations in New York either in person or online, live or on-demand, at UN Web TV.
- Wear **LOTS OF SOCKS** to get people talking about WDS on 21 March.
- Nominate someone for the **WDS Awards** which any member of DSI can do.
- Like, join, attend, share, mention, tweet, re-tweet, view or subscribe on our **various WDS Social Media** channels.
- Promote our **WDS Patrons Messages**.