



14th Annual F.R.I.E.N.D.S. Buddy Walk



Saturday • September 19, 2015, 10:00AM-2:00PM



Baker Park, Band Shell Area
Frederick, MD

2015 Buddy Walk Information

Who: All are welcome!

What: One mile, non-competitive walk. Strollers, wheelchairs and wagons welcome.

- Entertainment for all ages including moonbounces, petting zoo, carnival games, magic show, face painting, music and more.
- Hotdogs, chips, popcorn, cotton candy and water will be provided. Additional food will be available for purchase.

When: Saturday, September 19

9:30 am Registration begins

10:30 am Welcome to F.R.I.E.N.D.S. Buddy Walk

Short update on F.R.I.E.N.D.S. efforts

Announcement of all Activities of the day

Team Raffle Baskets/Silent Auctions

Wall of PossAbilities

11:50 am Mayor's Proclamation of Buddy Walk Day

11:55 am Moment of silence for all of our Forever Buddies

11:58 am National Anthem

12:00 pm The 14th Annual Buddy Walk begins

12:20 pm Walkers are returning to main field, food is ready to be served

1:30 pm -Recognition of Sponsors

-Presentation of Scholarships

-Announcement of Top Fund Raiser and Winner of Most Creative Team Tent

-Announcement of Raffle Basket/Silent Auction WINNERS

Where: Baker Park Band Shell, Downtown Frederick, MD

The Buddy Walk is Rain or Shine

Walk Starts at Noon



Thanks to You!

With the funds raised in 2014, we were able to award scholarships to students specializing in Special Education, arrange for provide financial aid to individuals with Down syndrome in times of need, support the Special Olympics of Maryland and the



Please come out and join us!

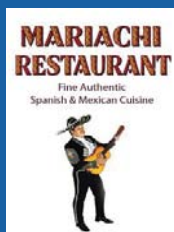
Most Creative Team Tent Trophy

We will have a panel of judges looking for the most creative team tent. The winner will be awarded the coveted "Most Creative" trophy.

Top Fund Raiser Trophy

The team who raises the most funds by noon on the day of the Buddy Walk will be awarded the "Top Team Fund Raiser" trophy.

Join Us at our Buddy Fiesta



Please join us the night before our Buddy Walk with authentic Mexican cuisine at Mariachi Restaurant. Our Buddies will eat for free and Mariachi's will donate a portion of the proceeds back to F.R.I.E.N.D.S..

Friday September 18, 2015 Mariachi Restaurant 5854 Urbana Pike, Frederick, MD 21704 5:30-9:00 PM Please call for reservations (301) 418-6367

Basket Raffle & Silent Auction

If your team is interested in donating a "themed" basket or item for the raffle and silent auction fundraiser please contact Katie Routzahn at kroutzahn@friendsoffredco.org If you know of a business that might be interested in making a donation please let us know! **All baskets and raffle donations are due by Sunday, September 13.** All winners will be announced at the end of the walk. Thank you!

Registration Agreement

Register and form teams online at:

www.crowdrise.com/FRIENDS14thAnnualBuddyWalk or complete this form and mail by August 31st.

Walker's Name _____

Street Address _____

City _____ State _____ Zip _____

Daytime Phone _____ E-mail _____

Walking in Honor of _____

☐ I would like to volunteer. Please contact me.

TEAM CAPTAIN: All Donations and registrations must be mailed by August 31st. Your T-Shirts will be available for pick up at the registration table at the Buddy Walk.

Available T-Shirts Sizes:

Youth: XS (2-4) YS (6-8) YM (10-12) YL (14-16)

Adult: M L XL 2XL 3XL

Registration fee is \$10 per walker or \$40 for a family up to 4. Each additional family member is \$5. Individual with Down syndrome free.

A limited number of Buddy Walk shirts will be available on day of the walk and will be given to registrants on first come first served basis.

Please list all walkers below. If more space is needed, please attach a separated sheet.

Team Name: _____

Walker 1: _____ Size _____

Walker 2: _____ Size _____

Walker 3: _____ Size _____

If registering a person with Down syndrome:

Name: _____ Size _____

Can we list Buddy's name on shirt? Yes _____ No _____

Waiver: Must be signed by parent or legal guardian if participant is under age 18 or as required by law.

I hereby waive all claims against F.R.I.E.N.D.S., sponsors or any personnel for any injury or loss I might suffer by participating in, or as a result of this event. I grant full permission for organizers to use photographs of me and/or quotations from me in legitimate accounts and promotions for this event.

X _____

Send this portion of your form along with pledges to:

F.R.I.E.N.D.S., P.O. Box 641, Middletown, MD 21769.

Make checks payable to F.R.I.E.N.D.S.

SPONSORSHIP OPPORTUNITIES

Sampling of Our Sponsors:

Aushman Family Foundation

PHD Sound Systems

Woodsboro Bank

EDCO

Enterprise Rent-A-Car

Frederick Challenger Civitan Club

Wegmans

Pledges

Keep this form to get sponsor pledged donations and turn in the day of the walk to the Registration Table.

Walker's Name _____

Sponsor Name	Donation
_____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____

I am unable to walk but would love to donate the sum of \$ _____

If you would like to be part of our e-mail list for future F.R.I.E.N.D.S. events and information, please provide your e-mail here: _____

Ready...Set...Walk!

Join us on this fun filled day with friends and family to celebrate all individuals with Down syndrome. There will be activities the whole family can enjoy such as, a petting zoo, moon bounces, community resources, fun games, entertainment, food and much more. Awards will be announced following the walk.

Special Guests - For more details, go to: www.friendsoffredco.org

Directions

From Washington, D.C. Area and South

From Route 495 take Route 270 North
Follow Route 270 to Frederick, where the road becomes Route 15 North
Exit from Route 15 at Rosemont Avenue
Cross Rosemont Avenue at end of exit ramp (at traffic light). You will be on 2nd Street.
Continue on 2nd Street, through 4-way stop, to traffic light at College Avenue
Band Shell is on 2nd Street

From Baltimore Area

Take Route 70 West to Frederick
Exit to Route 15 North
Exit Route 15 at Rosemont Avenue
Follow directions above from Rosemont Avenue

From Points North

Take Route 15 South to Frederick
Exit Route 15 at Rosemont Avenue
At bottom of exit ramp, turn right
Follow Rosemont Avenue (going under Route 15) to first traffic light
Turn right at light onto Second Street
Follow directions above from Second Street





P.O. Box 641
Middletown, MD 21769
www.friendsoffredco.org



Join us on Saturday, September 19th for the 14th Annual Buddy Walk!