



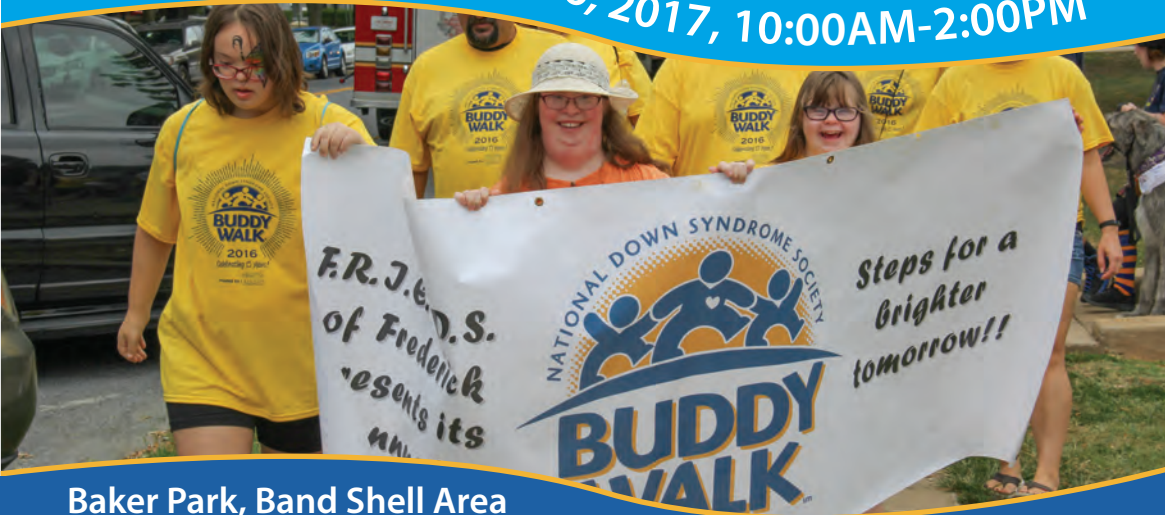
F.R.I.E.N.D.S.

# 16th Annual F.R.I.E.N.D.S. Buddy Walk



# BUDDY WALK

Saturday • September 16, 2017, 10:00AM-2:00PM



Baker Park, Band Shell Area  
Frederick, MD

# 2017 Buddy Walk Information

- Who:** All are welcome!
- What:** One mile, non-competitive walk. Strollers, wheelchairs and wagons welcome.
- Entertainment for all ages including moonbounces, petting zoo, carnival games, magic show, face painting, music and more.
  - Hotdogs, chips, popcorn, cotton candy and water will be provided. Additional food will be available for purchase.
- When:** Saturday, September 16<sup>th</sup>
- 9:30 am Registration begins
- 10:30 am Welcome to F.R.I.E.N.D.S. Buddy Walk  
Short update on F.R.I.E.N.D.S. efforts  
Announcement of all Activities of the day  
Team Raffle Baskets/Silent Auctions  
Wall of PossAbilities
- 11:50 am Mayor's Proclamation of Buddy Walk Day
- 11:55 am Moment of silence for all of our Forever Buddies
- 11:58 am National Anthem
- 12:00 pm The 16<sup>th</sup> Annual Buddy Walk begins
- 12:20 pm Walkers are returning to main field, food is ready to be served
- 1:30 pm -Recognition of Sponsors  
-Presentation of Scholarships  
-Announcement of Top Fund Raiser and Winner of Most Creative Team Tent  
-Announcement of Raffle Basket/Silent Auction WINNERS
- Where:** Baker Park Band Shell, Downtown Frederick, MD

## The Buddy Walk is Rain or Shine

Walk Starts at Noon



### Thanks to You!

With the funds raised in 2016, we were able to award scholarships to students specializing in Special Education, arrange for provide financial aid to individuals with Down syndrome in times of need, support the Special Olympics of Maryland and the



Please come out and join us!

### Most Creative Team Tent Trophy

We will have a panel of judges looking for the most creative team tent. The winner will be awarded the coveted "Most Creative" trophy.

### Top Fund Raiser Trophy

The team who raises the most funds by noon on the day of the Buddy Walk will be awarded the "Top Team Fund Raiser" trophy.

### Basket Raffle & Silent Auction

If your team is interested in donating a "themed" basket or item for the raffle and silent auction fundraiser please contact Katie Routzahn at [kroutzahn@friendsoffredco.org](mailto:kroutzahn@friendsoffredco.org) If you know of a business that might be interested in making a donation please let us know! **All baskets and raffle donations are due by Sunday, September 11.** All winners will be announced at the end of the walk. Thank you!



# Registration Agreement

## Register and form teams online at:

www.crowdrise.com/FRIENDS 16<sup>th</sup> Annual Buddy Walk or complete this form and mail by August 31st.

Walker's Name \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Daytime Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Walking in Honor of \_\_\_\_\_

I would like to volunteer. Please contact me.

**TEAM CAPTAIN:** All Donations and registrations must be mailed by August 31st. Your T-Shirts will be available for pick up at the registration table at the Buddy Walk.

### Available T-Shirts Sizes:

**Youth:** XS (2-4) YS (6-8) YM (10-12) YL (14-16)

**Adult:** M L XL 2XL 3XL

Registration fee is \$10 per walker or \$40 for a family up to 4. Each additional family member is \$5. Individual with Down syndrome free.

A limited number of Buddy Walk shirts will be available on day of the walk and will be given to registrants on first come first served basis.

Please list all walkers below. If more space is needed, please attach a separated sheet.

**Team Name:** \_\_\_\_\_

Walker 1: \_\_\_\_\_ Size \_\_\_\_\_

Walker 2: \_\_\_\_\_ Size \_\_\_\_\_

Walker 3: \_\_\_\_\_ Size \_\_\_\_\_

If registering a person with Down syndrome:

Name: \_\_\_\_\_ Size \_\_\_\_\_

Can we list Buddy's name on shirt? Yes \_\_\_\_\_ No \_\_\_\_\_

**Waiver:** Must be signed by parent or legal guardian if participant is under age 18 or as required by law.

I hereby waive all claims against F.R.I.E.N.D.S., sponsors or any personnel for any injury or loss I might suffer by participating in, or as a result of this event. I grant full permission for organizers to use photographs of me and/or quotations from me in legitimate accounts and promotions for this event.

X \_\_\_\_\_

**Send this portion of your form along with pledges to:**

F.R.I.E.N.D.S., P.O. Box 641, Middletown, MD 21769.

**Make checks payable to F.R.I.E.N.D.S.**

## SPONSORSHIP OPPORTUNITIES

*Sampling of Our Sponsors:*

Ausherman Family Foundation

PHD Sound Systems

Woodsboro Bank

EDCO

Enterprise Rent-A-Car

Frederick Challenger Civitan Club

Wegmans

# Pledges

Keep this form to get sponsor pledged donations and turn in the day of the walk to the Registration Table.

Walker's Name \_\_\_\_\_

| Sponsor Name | Donation |
|--------------|----------|
| _____        | \$ _____ |
| _____        | \$ _____ |
| _____        | \$ _____ |
| _____        | \$ _____ |
| _____        | \$ _____ |
| _____        | \$ _____ |

I am unable to walk but would love to donate the sum of \$ \_\_\_\_\_  
If you would like to be part of our e-mail list for future F.R.I.E.N.D.S. events and information, please provide your e-mail here: \_\_\_\_\_

## Ready...Set...Walk!

Join us on this fun filled day with friends and family to celebrate all individuals with Down syndrome. There will be activities the whole family can enjoy such as, a petting zoo, moon bounces, community resources, fun games, entertainment, food and much more. Awards will be announced following the walk.

Special Guests - For more details, go to: [www.friendsoffredco.org](http://www.friendsoffredco.org)

### Directions

#### From Washington, D.C. Area and South

- From Route 495 take Route 270 North
- Follow Route 270 to Frederick, where the road becomes Route 15 North
- Exit from Route 15 at Rosemont Avenue
- Cross Rosemont Avenue at end of exit ramp (at traffic light). You will be on 2nd Street.
- Continue on 2nd Street, through 4-way stop, to traffic light at College Avenue
- Band Shell is on 2nd Street

#### From Baltimore Area

- Take Route 70 West to Frederick
- Exit to Route 15 North
- Exit Route 15 at Rosemont Avenue
- Follow directions above from Rosemont Avenue

#### From Points North

- Take Route 15 South to Frederick
- Exit Route 15 at Rosemont Avenue
- At bottom of exit ramp, turn right
- Follow Rosemont Avenue (going under Route 15) to first traffic light
- Turn right at light onto Second Street
- Follow directions above from Second Street





P.O. Box 641  
Middletown, MD 21769  
[www.friendsoffredco.org](http://www.friendsoffredco.org)



**Join us on Saturday, September 16<sup>th</sup> for the 16<sup>th</sup> Annual Buddy Walk!**